

Heliotropium steudneri (c) Bernard DUPONT

Heliotropium steudneri Vatke

Family Boraginaceae

Perennial to 15cm.

Used for traditional medicinal

Propagation through seed or cuttings.

A useful plant for butterflies. Heliotropium are rich in pyrrolizidine alkaloids and Danaus male butterflies sequester pyrrolizidine alkaloids from the nectar and leaves for defence and reproduction.

Utetheisa pulchella – Crimson Speckled Footman are attracted to the plant (in South Africa they are recorded feeding on Heliotropium steudneri.)



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Danaus chrysippus - male (c) Zeynel Cebeci





Utetheisa pulchella – Crimson Speckled Footman