



Gymnanthemum hildebrandtii Vatke
(Previously *Vernonia hildebrandtii*)
Family Asteraceae -Compositae
GIR: Mlaza-koma

Woody shrub, scandent, Self seeded. Propagate from seeds, cuttings, wildlings. Slightly invasive.

A very popular nectar food for butterflies. The roots are used in traditional medicine.

Moth host -
Basiothia charis,
Ludia orinoptena Karsch

